



Portland Gear Hub
BOLT Program
(Bicycle Outdoor Leadership Training)
 85 Anderson St., Portland, ME 04101
 207-553-4360



Program Description: The BOLT (Bicycle Outdoor Leadership Training) Program is a 6-month program for young adults in 9th-10th grade who want to develop in the areas of bicycle maintenance, outdoor skills, and community service. Through a series of workshops, classes, overnight campouts, field trips and outdoor adventures, students will gain valuable skills in bike maintenance, outdoor living, and leadership. Students will be provided with all of the equipment, tools, transportation, and knowledge necessary for the adventures and challenges that will be presented. The program culminates with a week-long bike-packing trip that will be planned and executed by the students. The program fee for the BOLT Program is \$1,500, however, **substantial** scholarships are available.

The program will meet twice a week, Mondays (for the first two months) and Wednesdays, after school from 3:30 – 5:30pm. After the second month, students will replace their Monday session with 2 hours of assisting in one of the Gear Hub’s other programs or areas (i.e. Youth Apprenticeship, Youth Wrench, Women and Trans Wrench Night, Gear Hub shop/retail, volunteer nights, etc.). There will be three weekend overnight campouts during the course of the program (March, May, July) and a week-long bike-packing trip in August. By the end of the program, the leaders will ride away with a deep understanding of bike mechanics, maintenance, and traffic safety; mountain bike riding skills; an introduction to bicycle industry opportunities and will be certified as Junior Maine Guides.

FEB Intro to Bikes and the Gear Hub	MAR Winter Riding Skills + Overnight #1 (indoor)	APR Traffic Safety + Bike Building	MAY Trail Building + Overnight #2
JUN Trail Riding + Bike-packing Planning	JUL Junior Maine Guide Course + Overnight #3	AUG - BIKEPACKING ADVENTURE	;))

- **9th-10th Grade**
- **6-month Program, Monday (initially) and Wednesday 3:30 – 5:30 PM**
- **Program Fee: \$1,500 - SUBSTANTIAL scholarships available**

Name: _____

Address: _____

Phone Number(s): _____

Email: _____

Parent’s Email: _____

Date of Birth: _____ Age: _____

Where do you go to school? _____ What grade are you in? _____

Why do you want to complete the BOLT Program?

What are your interests, hobbies, or activities?

Have you ever done any volunteer work in your community? If so, what kind?

Do you have a bicycle? What is your experience with riding a bicycle?

What is your experience with camping outdoors? What outdoor skills do you currently have?

What's one skill that you have already that you think will benefit you during this program? How can that skill help others in the program?

What questions or concerns, if any, do you have about the program?

Thank you for taking the time to fill out this application. BOLT applicants and a parent must complete a Youth Agreement and Permission Slip (attached below) and return BOTH in-person to the Portland Gear Hub at which point a Gear Hub staff will show you the shop and conduct a 5-minute mini interview.

<p>Portland Gear Hub 155 Washington Ave., Portland Maine 04101 (207) 761-7632 M – F : 10am – 6pm Sat: 10am – 4pm</p>	<p>Bike School 85 Anderson St., Portland, ME 04101 (207) 553-4360 Wed/Thurs: 2pm – 6pm Saturday: 12pm – 4pm</p>
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www.portlandgearhub.org



Portland Gear Hub
Youth Permission Slip
85 Anderson St., Portland, ME 04101
207-553-4360



Parents and Guardians: Please fill out this application with your child and return it to the Portland Gear Hub Bike School. A permission slip is required for children under 16 years old to participate in any of our programs. By signing this form you give your child permission to participate in our programming.

Youth Participant Information

Youth First Name: _____ Youth Last Name: _____
Address: _____ City: _____ Zip Code: _____
Date of Birth: _____ Current Grade Level: _____ School: _____
Youth Cell Phone: _____ Youth E-Mail: _____
Allergies / Health Concerns: _____

Youth Agreement

As a participant at the Portland Gear Hub Bike School I agree to the follow these guidelines and rules:

- Sign in and out
- Closed toe shoes required
- No bullying or threatening language or behavior
- Tools do not leave the Bike School
- All tools are returned to their proper bench or tool box
- Use the right tool for the job
- Work on 1 bike at a time using only 1 bench
- Clean up your project and your workspace when you are finished

By signing below, I acknowledge that I will respect the staff, volunteers, and the space at the Portland Gear Hub Bike School. I understand that submitting this permission slip does not guarantee that I will receive service or repairs and that if I violate any of these guidelines and rules I may be asked to leave by Gear Hub staff.

I agree to the guidelines and rules of the Portland Gear Hub:

Youth Printed Name: _____

Youth Signature: _____ Date: _____

The Portland Gear Hub Bike School is a non-profit bicycle maintenance and education center powered by the Portland Gear Hub outdoor gear and bike shop and Camp Ketcha.

Bike School: 85 Anderson St., Portland, ME 04101 Contact: (207) 553-4360

Portland Gear Hub: 155 Washington Ave., Portland, ME 04101 Contact: (207) 761-7632

Portlandgearhub.org

Parent/ Guardian Information

Parents/ Guardians: Please fill out the form below. *Please print clearly.*

First Name: _____ Last Name: _____

Address: _____ City: _____ Zip Code: _____

Cell Phone: _____ Home Phone: _____

Email: _____

How did you hear about us? (Check all that apply)

- Friend Family Member Child Child's School After-School Program
- Website Walked by the School Other: _____

I allow my child to go home from the Bike School in the following way:

- Walk / bike / bus home on their own Get a ride or travel home with _____

Media Release

I, _____, hereby permit the Portland Gear Hub and Bike School, its employees, volunteers, and members of the media to photograph, interview and/or film my child's image and speech, and within the Gear Hub's discretion, to release or use images and testimonies in its publications and website for the **purpose of promoting the mission of the Portland Gear Hub.**

Release and Waiver of Liability

In consideration of being permitted to participate in any programming at the Portland Gear Hub and Bike School, I, _____, on this date, _____

ACKNOWLEDGE that bicycling activities and the use of bike tools may involve risk of physical injury to me or others, or damage to my property, or other consequences, which might result from my own actions, in actions of negligence and/or the actions, inactions or negligence of others, conditions of the premises or any of the equipment used. There may also be other risks not known or not reasonably foreseeable.

I HEREBY WAIVE, RELEASE, and FOREVER DISCHARGE THE PORTLAND GEAR HUB/ CAMP KETCHA, their staff, administrators, volunteers, participants, agents, contractors, vendors, sponsors, organizers, and owners and lessors of premises on which the activity takes place (collectively, the "Released Parties"), from any and all claims, causes of action, damages, losses (economic and non-economic), and liabilities of every kind (collectively "Claims"), for death, personal injury, or property damage, which may arise out of, result from, or relate to my assistance/participation in any PORTLAND GEAR HUB/CAMP KETCHA program, including but not limited to any Claims for theft, damage to any equipment, negligence, partial or permanent disability, Claims relating to the provision of first aid, medical care, medical treatment, or medical decisions (at an Event site or elsewhere), and any Claims for medical or hospital expenses.

Read and Agreed to By:

Parent / Guardian (Printed): _____ Date: _____

Signature of Parent / Guardian: _____